

SPRING MEADOW INFANT AND NURSERY SCHOOL AUTUMN MENU 2017

Fresh Baked Bread and Yogurts are available daily

	Week One 4/9, 25/9, 16/10, 13/11, 4/11	Week Two 11/9, 2/10, 30/10, 20/11, 11/12	Week Three 18/9, 9/10, 6/11, 27/11, 18/12
Monday	<p>Toad in the Hole served with Creamy Mashed Potatoes and Seasonal Vegetables or Cheese Quiche served with Salad and Homemade Bread</p> <p style="text-align: center;">Cheesecake</p>	<p>Sausages served with Creamy Mashed Potatoes and Seasonal Vegetables or Chicken and Bacon Chow Mein served with noodles and Pitta Bread</p> <p style="text-align: center;">Fruit Crumble served with Custard or Lemon Cake</p>	<p>Chicken Pie served with Creamy Mashed Potatoes and Seasonal Vegetables or Macaroni Cheese served with Salad and Homemade Bread</p> <p style="text-align: center;">Syrup Pudding served with Custard or Carrot Cake</p>
Tuesday	<p>BBQ Chicken served with Rice and Sweetcorn or Cottage Pie served with New Potatoes and Seasonal Vegetables</p> <p style="text-align: center;">Eve's Pudding with Custard or Fudge Tart Topped with Strawberry and Cream</p>	<p>Lasagne served with Homemade Bread and Sweetcorn or Jacket Potato served with Salad and Cheese, Coleslaw or Baked Beans</p> <p style="text-align: center;">Banoffee Pie or Swiss Roll</p>	<p>Hot Dog served with Baked Beans or Sweetcorn or Meatball Marinara served with Tagliatelle and Tomato Sauce</p> <p style="text-align: center;">Trifle or Apple Strudel with Custard</p>
Wednesday	<p>Roast Beef and Yorkshire Pudding served with Creamy Mashed Potatoes and Seasonal Vegetables or Salmon and Vegetable Risotto</p> <p style="text-align: center;">Biscuit</p>	<p>Roast Chicken Fillet and Yorkshire Pudding served with Creamy Mashed Potatoes and Seasonal Vegetables or Roasted Vegetable Risotto</p> <p style="text-align: center;">Biscuit</p>	<p>Roast Pork served with Creamy Mashed Potatoes and Seasonal Vegetables (and Apple Sauce) or Cheese Pasty served with Creamy Mashed Potatoes and Seasonal Vegetables</p> <p style="text-align: center;">Biscuit</p>
Thursday	<p>Chicken Goujon Wrap served with Salad or Cheese and Tomato Whirl served with Salad</p> <p style="text-align: center;">Chocolate Pudding served with Chocolate Sauce</p>	<p>Tomato Pasta Bake served with Salad and Homemade Bread or Sausage Roll served with Salad and Homemade Bread</p> <p style="text-align: center;">Chocolate Brownie</p>	<p>Pizza served with Salad and Pasta or Spaghetti Bolognese served with Salad and Homemade Bread</p> <p style="text-align: center;">Lemon Meringue Pie or Butterscotch Cake</p>
Friday	<p>Fish Fingers and Creamy Mashed Potatoes served with Baked Beans or Seasonal Vegetables or Sweet and Sour Pork Balls served with Vegetable Noodles</p> <p style="text-align: center;">Selection of Desserts</p>	<p>Fish Fingers and Creamy Mashed Potatoes served with Baked Beans or Seasonal Vegetables or Bubble and Squeak with Bacon</p> <p style="text-align: center;">Selection of Desserts</p>	<p>Fish Fingers and Creamy Mashed Potatoes served with Baked Beans or Seasonal Vegetables or Chicken Curry served with Rice and Naan Bread</p> <p style="text-align: center;">Selection of Desserts</p>

If you would like to make any amendment to your child's default meal pattern please inform us in writing