

SPRING MEADOW INFANT AND NURSERY SCHOOL AUTUMN TERM 2019 MENU

Fresh Baked Bread, Fruit and Yogurts are available daily

	Week One 2/9, 23/9, 14/10, 11/11, 2/12	Week Two 9/9, 30/9, 28/10, 18/11, 9/12	Week Three 16/9, 7/10, 4/11, 25/11, 16/12
Monday	BBQ Chicken served with Rice and Sweetcorn or Macaroni Cheese served with Salad and Homemade Bread Ice Cream (contains Dairy) or Fruit Smoothie	Lasagna served with Sweetcorn and Bread or Chicken Wrap served with Salad Steamed Eve's Pudding and Custard (contains Dairy)	Sausage in a Soft Bun served with Baked Beans or Sweetcorn or Cheese Quiche served with Salad and Bread Apple Crumble and Custard (contains Dairy)
Tuesday	Toad in the Hole served with Creamy Mashed Potatoes and Seasonal Vegetables or Chilli served with Rice Fruit Cheesecake (contains Dairy)	Sausages served with Creamy Mashed Potatoes and Seasonal Vegetables or Chicken Curry served with Rice and Naan Bread Ice Cream (contains Dairy) or Fruit Smoothie	Chicken Pie served with Creamy Mashed Potatoes and Seasonal Vegetables or Pork Balls and Noodles served with Tomato Sauce, Salad and Homemade Bread Ice Cream (contains Dairy) or Fruit Smoothie
Wednesday	Roast Pork served with Creamy Mashed Potatoes and Seasonal Vegetables or Cheese Pasty served with Creamy Mashed Potatoes and Seasonal Vegetables Biscuit	Roast Chicken Fillet and Yorkshire Pudding served with Creamy Mashed Potatoes and Seasonal Vegetables or Salmon Risotto Biscuit	Roast Beef and Yorkshire Pudding served with Creamy Mashed Potatoes and Seasonal Vegetables or Roasted Vegetable Risotto Biscuit
Thursday	Chicken Goujon Wrap served with Salad or Melanzane Pasta (layers of Lasagna, Aubergines, tomato sauce, cheese sauce) served with Salad Carrot Cake (contains Dairy)	Homemade Chicken Kiev served with Creamy Mashed Potatoes and seasonal Vegetables or Pasta Bake served with Salad and Homemade Bread or Lemon Cake	Pizza served with Salad and Pasta or Mild Sweet Chilli Chicken Wraps served with Salad and Bread Strawberry Custard Tart (contains Dairy)
Friday	Fish Fingers served with Creamy Mashed Potatoes or Oven Baked Chips and a choice of Baked Beans or Sweetcorn or Spaghetti Bolognaise served with Salad and Homemade Bread Treat Day	Fish Fingers served with Creamy Mashed Potatoes or Oven Baked Chips and a choice of Baked Beans or Sweetcorn or Homemade Beef Burger in a Soft Bun served with Healthy Oven Baked Chips, Beans or Sweetcorn Treat Day	Fish Fingers served with Creamy Mashed Potatoes or Oven Baked Chips and a choice of Baked Beans or Sweetcorn or Sticky Chicken Noodles served with salad and Homemade Bread Treat Day

If you would like to make any amendment to your child's default meal pattern please inform us in writing